

# visualization

Visualize an image, pattern or [matrix](#) in the [Mind](#).

[Harvey Spencer Lewis](#) on Creative Visualization:

"Come, step back from your close view of the obstacles that seem to surround you. Close your eyes to them for a while and create a new picture. Leave the past and the present out of your consideration and make a new life, a new day, beginning with tomorrow. Build it up part by part in your mind and in your conversations and contacts with those around you until you have a perfect picture of the future that is just beyond today's horizon. Then step forward bravely into this picture; and with determination start your journey along the line that leads to your new life. You will find yourself master of the picture and of those realities, and you will find in it the greatest happiness and rewards, and every effort, every thought devoted to it." [[Harvey Spencer Lewis](#)]

See Also

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**Chapter XXIV - Indirect Influence** discussion of **Visualization**  
**Mental Manifestation**